

## Powerlifting Records - Seniors

### African Region Records - Men

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 48.00kg	ISHAKU Ruel	NGR	169.00 kg	Beijing	09.09.2008
Up to 52.00kg	OTHMAN Sherief	EGY	191.00 kg	Dubai	28.03.2010
Up to 56.00kg	OTHMAN Sherief	EGY	205.00 kg	Kuala Lumpur	26.07.2010
Up to 60.00kg	MATHANA Metwaly	EGY	202.50 kg	Amman	15.09.1999
Up to 67.50kg	MATHANA Metwaly	EGY	222.50 kg	Busan	05.05.2006
Up to 75.00kg	EL SAWY Abdel Aal Elsayed	EGY	210.00 kg	Cairo	20.03.2002
Up to 82.50kg	MATHANA Metwaly	EGY	230.00 kg	Kuala Lumpur	28.07.2010
Up to 90.00kg	SOLOMON Amarakuo	NGR	235.00 kg	Manchester	01.08.2002
Up to 100.00kg	ALIGEKWE Obioma Daleth	NGR	245.00 kg	Beijing	16.09.2008
Over 100.00kg	BUSANAN Abdelrahim Khalifa	LBA	250.50 kg	Taba	09.08.2005

### African Region Records - Women

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 40.00kg	JOHN Ijeoma	NGR	97.50 kg	Athens	20.09.2004
Up to 44.00kg	EJIKE Lucy Ogechukwu	NGR	127.50 kg	Athens	20.09.2004
Up to 48.00kg	EJIKE Lucy Ogechukwu	NGR	130.00 kg	Beijing	10.09.2008
Up to 52.00kg	NNAJI Patricia	NGR	112.50 kg	Sydney	21.10.2000
Up to 56.00kg	OMAR Fatma Omar	EGY	141.50 kg	Beijing	10.09.2008
Up to 60.00kg	NNEJI Victoria	NGR	127.50 kg	Sydney	22.10.2000
Up to 67.50kg	AHMED Heba Said Hassan	EGY	142.50 kg	Athens	24.09.2004
Up to 75.00kg	AHMED Heba Said Hassan	EGY	141.00 kg	Taba	07.08.2005
Up to 82.50kg	AHMED Heba Said Hassan	EGY	155.00 kg	Beijing	14.09.2008
Over 82.50kg	ANOZIE Grace Ebere	NGR	165.00 kg	Beijing	14.09.2008

## Powerlifting Records - Seniors

### Americas Region Records – Men

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 48.00kg	GARRIDO Juan Carlos	CHI	142.50 kg	Sydney	24.10.2000
Up to 52.00kg	O'NEILL Chris	USA	155.00 kg	Barcelona	05.08.1992
Up to 56.00kg	RODRIGUEZ Garcia Danilo	CUB	156.00 kg	Rio de Janeiro	13.08.2007
Up to 60.00kg	CANTILLO Jainer	COL	170.00 kg	Kuala Lumpur	27.07.2010
Up to 67.50kg	ARREDONDO Porfirio	MEX	192.50 kg	Sydney	26.10.2000
Up to 75.00kg	ARREDONDO Porfirio	MEX	200.00 kg	Busan	07.05.2006
Up to 82.50kg	GREER Jason	USA	200.00 kg	London, NC	26.06.2000
Up to 90.00kg	CASTILLO Jose de Jesus	MEX	210.00 kg	Kuala Lumpur	29.07.2010
Up to 100.00kg	STRICKLAND William	USA	200.00 kg	Uppsala	04.09.1994
Over 100.00kg	BROWN Kim	USA	247.50 kg	McAlester	17.04.1999

### Americas Region Records – Women

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 40.00kg	CERERO GABRIEL Laura	MEX	92.50 kg	Beijing	09.09.2008
Up to 44.00kg	CERERO GABRIEL Laura	MEX	97.50 kg	Kuala Lumpur	25.07.2010
Up to 48.00kg	PEREZ VASQUEZ Amalia	MEX	110.00 kg	Kuala Lumpur	24.08.2002
Up to 52.00kg	PEREZ VASQUEZ Amalia	MEX	130.50 kg	Rio de Janeiro	14.08.2007
Up to 56.00kg	PEREZ VASQUEZ Amalia	MEX	107.50 kg	Piestany	07.10.1997
Up to 60.00kg	PEREZ VASQUEZ Amalia	MEX	135.50 kg	Kuala Lumpur	28.07.2010
Up to 67.50kg	DIAZ Catalina	MEX	112.50 kg	Piestany	01.08.2003
Up to 75.00kg	BARCENAS Perla	MEX	130.00 kg	McAlester	15.08.2003
Up to 82.50kg	BARCENAS Perla	MEX	135.00 kg	Rio de Janeiro	14.08.2007
Over 82.50kg	BARCENAS Perla	MEX	140.00 kg	Dubai	30.03.2010

## Powerlifting Records - Seniors

### Asian Region Records - Men

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 48.00kg	QARADA Omar	JOR	173.00 kg	Kuala Lumpur	25.07.2010
Up to 52.00kg	JUNG Keum-Jong	KOR	190.00 kg	Sydney	24.10.2000
Up to 56.00kg	WANG Jian	CHN	194.00 kg	Kunming	15.05.2007
Up to 60.00kg	MOHAMMADI Hamzeh	IRI	203.00 kg	Busan	05.05.2006
Up to 67.50kg	LIU Lei	CHN	223.00 kg	Kuala Lumpur	27.07.2010
Up to 75.00kg	ZHANG Haidong	CHN	240.00 kg	Sydney	26.10.2000
Up to 82.50kg	ZHANG Haidong	CHN	248.50 kg	Kunming	18.05.2007
Up to 90.00kg	PARK Jong-Chul	KOR	250.00 kg	Busan	30.10.2002
Up to 100.00kg	QI Dong	CHN	247.50 kg	Beijing	16.09.2008
Over 100.00kg	RAHMAN Siamand	IRI	285.00 kg	Kuala Lumpur	30.07.2010

### Asian Region Records – Women

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 40.00kg	BIAN Jianxin	CHN	102.50 kg	Sydney	21.10.2000
Up to 44.00kg	BIAN Jianxin	CHN	105.00 kg	Nanjing	29.06.1998
Up to 48.00kg	BIAN Jianxin	CHN	118.00 kg	Athens	21.09.2004
Up to 52.00kg	BIAN Jianxin	CHN	122.50 kg	Kavala	12.06.2007
Up to 56.00kg	FU Taoying	CHN	120.00 kg	Sydney	21.10.2000
Up to 60.00kg	BIAN Jianxin	CHN	135.00 kg	Beijing	13.09.2008
Up to 67.50kg	FU Taoying	CHN	145.50 kg	Beijing	13.09.2008
Up to 75.00kg	ZHANG Liping	CHN	145.00 kg	Busan	10.05.2006
Up to 82.50kg	ZHANG Liping	CHN	143.50 kg	Kavala	14.06.2007
Over 82.50kg	LI Ruifang	CHN	165.50 kg	Kunming	18.05.2007

# Powerlifting Records - Seniors

## European Records - Men

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 48.00kg	PEDDLE Anthony	GBR	168.00 kg	Sydney	24.10.2000
Up to 52.00kg	BEDDERDINOV Ildar	RUS	157.50 kg	Beijing	10.09.2008
Up to 56.00kg	IRVING Jason	GBR	177.50 kg	Beijing	11.09.2008
Up to 60.00kg	ZAKIEV Ayrat	RUS	200.00 kg	Beijing	11.09.2008
Up to 67.50kg	GKOUNTANIS Nikolaos	GRE	202.50 kg	Kuala Lumpur	27.07.2010
Up to 75.00kg	FORNALCZYK Ryszard	POL	207.50 kg	Atlanta	22.08.1996
Up to 82.50kg	MAMALOS Pavlos	GRE	225.00 kg	Beijing	15.09.2008
Up to 90.00kg	MAMALOS Pavlos	GRE	225.00 kg	Kuala Lumpur	29.07.2010
Up to 100.00kg	SLATER Nicholas	GBR	233.50 kg	Sydney	28.10.2000
Over 100.00kg	SLATER Nicholas	GBR	235.00 kg	Springfield	20.07.1997

## European Records – Women (as of July 2010)

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 40.00kg	MUSLU Nazmiye	TUR	106.00 kg	Kuala Lumpur	25.07.2010
Up to 44.00kg	SOLOVYOVA Lidiya	UKR	100.00 kg	Kuala Lumpur	24.08.2002
Up to 48.00kg	GHAZOUANI Souhad	FRA	117.50 kg	Tourcoing	14.06.2008
Up to 52.00kg	PODPALNAYA Tamara	RUS	130.00 kg	Piestany	30.07.2003
Up to 56.00kg	PODPALNAYA Tamara	RUS	130.00 kg	Busan	08.05.2006
Up to 60.00kg	GHAZOUANI Souhad	FRA	136.00 kg	Kuala Lumpur	28.07.2010
Up to 67.50kg	HEDIAN Svitlana	UKR	95.50 kg	Kavala	13.06.2007
Up to 75.00kg	BROWN Emma	GBR	130.00 kg	Dubai	20.10.1998
Up to 82.50kg	BROWN Emma	GBR	135.50 kg	McAlester	27.04.2001
Over 82.50kg	BROWN Emma	GBR	140.00 kg	Piestany	02.08.2003

## Powerlifting Records - Seniors

### Oceania Region Records - Men

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 48.00kg	SHARPE Wayne	AUS	127.50 kg	Brisbane	30.09.2001
Up to 52.00kg	NICHOLSON Richard	AUS	120.00 kg	Noumea	03.11.1995
Up to 56.00kg	NICHOLSON Richard	AUS	162.50 kg	Dubai	22.10.1998
Up to 60.00kg	NICHOLSON Richard	AUS	175.00 kg	Sydney	25.10.2000
Up to 67.50kg	NICHOLSON Richard	AUS	172.50 kg	Brisbane	30.09.2001
Up to 75.00kg	BOS Wim	AUS	177.50 kg	Brisbane	28.02.1998
Up to 82.50kg	GREEN Steve	AUS	185.00 kg	Brisbane	12.09.1998
Up to 90.00kg	McNICHOLL Brian	AUS	207.50 kg	Sydney	19.04.1996
Up to 100.00kg	GARDINER Darren	AUS	208.50 kg	Brisbane	30.09.2001
Over 100.00kg	TAAMARU George	NZL	242.50 kg	Kuala Lumpur	29.08.2002

### Oceania Region Records - Women

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 40.00kg					
Up to 44.00kg					
Up to 48.00kg	TWELFTREE Sue	AUS	57.50 kg	Brisbane	11.09.1999
Up to 52.00kg	RUSH Karen	AUS	55.00 kg	Melbourne	12.04.1994
Up to 56.00kg	WRIGHT Tracy	NZL	87.50 kg	Dubai	20.10.1998
Up to 60.00kg	WRIGHT Tracy	NZL	87.50 kg	Brisbane	12.09.1998
Up to 67.50kg	TRAFELA Melissa	AUS	82.50 kg	Sydney	22.10.2000
Up to 75.00kg	NEUENKIRCHEN Kim	AUS	72.50 kg	Brisbane	26.02.2000
Up to 82.50kg	RUSSELL Julie	AUS	105.00 kg	Strasbourg	01.06.1995
Over 82.50kg	McINTYRE Deahne	AUS	137.50 kg	Kuala Lumpur	27.11.2006

# Powerlifting Records - Seniors

## World Records – Men

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 48.00kg	QARADA Omar	JOR	173.00 kg	Kuala Lumpur	24.07.2010
Up to 52.00kg	OTHMAN Sherief	EGY	191.00 kg	Dubai	28.03.2010
Up to 56.00kg	OTHMAN Sherief	EGY	205.00 kg	Kuala Lumpur	26.07.2010
Up to 60.00kg	MOHAMMADI Hamzeh	IRI	203.00 kg	Busan	05.05.2006
Up to 67.50kg	LIU Lei	CHN	223.00 kg	Kuala Lumpur	24.07.2010
Up to 75.00kg	ZHANG Haidong	CHN	240.00 kg	Sydney	26.10.2000
Up to 82.50kg	ZHANG Haidong	CHN	248.50 kg	Kunming	18.05.2007
Up to 90.00kg	PARK Jong-Chul	KOR	250.00 kg	Busan	30.10.2002
Up to 100.00kg	QI Dong	CHN	247.50 kg	Beijing	16.09.2008
Over 100.00kg	RAHMAN Siamand	IRI	285.00 kg	Kuala Lumpur	30.07.2010

## World Records - Women

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 40.00kg	MUSLU Nazmiye	TUR	106.00 kg	Turkey	25.07.2010
Up to 44.00kg	EJIKE Lucy Ogechukwu	NGR	127.50 kg	Athens	20.09.2004
Up to 48.00kg	EJIKE Lucy Ogechukwu	NGR	130.00 kg	Beijing	10.09.2008
Up to 52.00kg	PEREZ VASQUEZ Amalia	MEX	130.50 kg	Rio de Janeiro	14.08.2007
Up to 56.00kg	OMAR Fatma Omar	EGY	141.50 kg	Beijing	10.09.2008
Up to 60.00kg	GHAZOUANI Souhad	FRA	136.00 kg	Kuala Lumpur	28.07.2010
Up to 67.50kg	FU Taoying	CHN	145.50 kg	Beijing	13.09.2008
Up to 75.00kg	ZHANG Liping	CHN	145.00 kg	Busan	10.05.2006
Up to 82.50kg	AHMED Heba Said	EGY	155.00 kg	Beijing	14.09.2008
Over 82.50kg	ANOZIE Grace Ebere	NGR	167.50 kg	Kuala Lumpur	05.12.2007

## Powerlifting Records - Seniors

### Paralympic Records - Men

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 48.00kg	ISHAKU Ruel	NGR	169.00 kg	Beijing	09.09.2008
Up to 52.00kg	JUNG Keum-Jong	KOR	190.00 kg	Sydney	24.10.2000
Up to 56.00kg	OTHMAN Sherif Othman	EGY	202.50 kg	Beijing	11.09.2008
Up to 60.00kg	MOHAMMADI Hamzeh	IRI	202.50 kg	Beijing	11.09.2008
Up to 67.50kg	MATHNA Metwaly Ibrahim	EGY	217.50 kg	Beijing	13.09.2008
Up to 75.00kg	ZHANG Haidong	CHN	240.00 kg	Sydney	26.10.2000
Up to 82.50kg	PARK Jong-Chul	KOR	243.00 kg	Sydney	27.10.2000
Up to 90.00kg	PARK Jong-Chul	KOR	240.00 kg	Athens	26.09.2004
Up to 100.00kg	QI Dong	CHN	247.50 kg	Beijing	16.09.2008
Over 100.00kg	RAJABI GOLOJEH Kazem	IRI	265.00 kg	Beijing	16.09.2008

### Paralympic Records - Women

Event	Athlete	NPC	Result	City of Competition	Date of Competition
Up to 40.00kg	SOLOVYOVA Lidiya	UKR	105.50 kg	Beijing	09.09.2008
Up to 44.00kg	EJIKE Lucy Ogechukwu	NGR	127.50 kg	Athens	20.09.2004
Up to 48.00kg	EJIKE Lucy Ogechukwu	NGR	130.00 kg	Beijing	10.09.2008
Up to 52.00kg	PEREZ VASQUEZ Amalia	MEX	128.00 kg	Beijing	10.09.2008
Up to 56.00kg	OMAR Fatma Omar	EGY	141.50 kg	Beijing	10.09.2008
Up to 60.00kg	BIAN Jianxin	CHN	135.00 kg	Beijing	13.09.2008
Up to 67.50kg	FU Taoying	CHN	145.50 kg	Beijing	13.09.2008
Up to 75.00kg	Li Ruifang	CHN	140.00 kg	Sydney	22.10.2000
Up to 82.50kg	AHMED Heba Said	EGY	155.00 kg	Beijing	14.09.2008
Over 82.50kg	ANOZIE Grace Ebere	NGR	165.00 kg	Beijing	14.09.2008