



IPC Powerlifting Community

Bonn, 31 May 2011  
AC/IPC

## **2011-2012 IPC Powerlifting Rules and Regulations**

Dear IPC Powerlifting Community,

We are pleased to announce that the official 2011-2012 Rules and Regulations have now been published on the IPC Powerlifting website ([www.ipc-powerlifting.org](http://www.ipc-powerlifting.org)).

The Rules and Regulations (2004-2008 valid until 2010) update was completed after having followed all processes and input from:

- An IPC Powerlifting office invitation to the NPCs for rule revision (2010). Some members took this opportunity to provide submissions.
- Informal meetings held with the community at various competitions, including international competitions approved by IPC Powerlifting and the 2010 IPC Powerlifting World Championships.
- Revision done by the current STC and the Management Team.
- The 2011-2012 IPC Powerlifting Rules and Regulations also include some agreed recommendations from the 2010 Kuala Lumpur Sport Forum.

International Paralympic Committee  
Adenauerallee 212-214  
53113 Bonn, Germany

Tel. +49-228-2097-260  
Fax. +49-228-2097-209

E-mail: [athena.charitaki@paralympic.org](mailto:athena.charitaki@paralympic.org)  
Web: <http://www.paralympic.org>

The STC and Management Team thank the many individuals and groups who contributed to this process.

The 2011-2012 IPC Powerlifting Rules and Regulations are published on the IPC Powerlifting website ([www.ipc-powerlifting.org](http://www.ipc-powerlifting.org)) and in full force from **1 July 2011**.

The Classification Rules and Regulations will be published soon on the IPC Powerlifting website. Until the Classification Rules and Regulations can be found on-line, the 2004-2008 still apply.

Please note that if there are any changes (e.g. classification related matters, or whenever is considered necessary by IPC Powerlifting), the 2011-2012 IPC Powerlifting Rules and Regulations can be amended before 2012. Proper notice of any changes will be given.

We wish to thank you again for your commitment to IPC Powerlifting, and for working with us.

Should you have any questions please feel free to contact IPC Powerlifting office at [ipc-powerlifting@paralympic.org](mailto:ipc-powerlifting@paralympic.org)

Kind regards,

Jon Amos

IPC Powerlifting  
Technical Committee Chairperson

Athena Charitaki

IPC Powerlifting Sport Manager