



To: NPCs Participating in 2010
IPC Powerlifting World Championships

Bonn, 03 February 2010

Re: Participation Criteria and Deadlines for the 2010 IPC Powerlifting World Championships

Dear NPC Representatives,

Following on from the 2009 Open Asian Championships, African Championships and several International and National competitions, IPC Powerlifting would now like to provide information related to the Participation Criteria and Deadlines for 2010 IPC Powerlifting World Championships to be held in Kuala Lumpur, Malaysia on 25-31 July 2010.

Powerlifters Eligibility

To be eligible for selection by an NPC for the 2010 IPC Powerlifting World Championships powerlifters must:

- hold an active IPC Powerlifting license for the 2010 Season;
- have achieved a Minimum Qualification Standard (MQS) at an IPC Powerlifting recognized competition for the respective event between the 1 January 2009 and 11 June 2010 with exception on the case that is described on rule 17.3 “a country is allowed to participate with a maximum of one (1) lifter who has not met the qualifying standards if they have less than three (3) lifters in the competition”;
- have a “New” (N), “Review” (R) or “Confirmed” (C) sport class status before 11 June 2010.

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Entry deadlines

1	Delegation Calculation Form	22 February
2	Entry by Number (NPCs will be invoiced based on the number provided in this entry)	09 April
3	Entry by Name (no changes in the entries will be accepted after this date)	11 June

Regulations

Competition Format

The 2010 IPC Powerlifting World Championships will be conducted in single body weight categories competition format. For body weight categories that do not meet the Event Viability Criteria (minimum of three (3) eligible powerlifters) the HAL formula will be used.

Maximum Entry per NPC

HAL formula will apply should the numbers of athletes in each body weight category is less than three (3).

NPCs can enter a maximum of ten (10) male eligible powerlifters and ten (10) female eligible powerlifters in the range of the 20 body weight categories for men and women. Furthermore there must not be more than three (3) eligible powerlifters per category per NPC with a maximum of 2 per disability group.

NPCs can enter a maximum of ten (10) junior male eligible powerlifters and ten (10) junior female eligible powerlifters in the range of the 20 body weight categories for men and women. Furthermore there must not be more than two (2) eligible junior powerlifters per category per NPC.

Medals

Senior Events

Where numbers are sufficient medals will be awarded to the top three (3) ranked athletes in the Championships per weight category for Men and Women Seniors.

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When the numbers are low - less than three (3) - the HAL formula will apply and medals will be awarded accordingly.

Junior Events

Where numbers are sufficient medals will be awarded to the top three (3) ranked athletes in the Championships per weight category for Men and Women Juniors.

When the numbers are low - less than three (3) - medals will be awarded following the "minus one rule". In case there is only one (1) athlete in the category then the athlete must have achieved the World Championships MQS to receive a medal otherwise they will be awarded a diploma only.

Competition fee

The competition fee for the 2010 IPC Powerlifting World Championships is 550 EUR.

The competition fee covers all the Championships services including meals (lunch and dinner) and transport (to/from airport, official Championships hotels to venues) from the 23 July to 1 August 2010 (official Championships period).

The competition fee is to be paid to IPC Powerlifting by 14 May 2010 in accordance to the invoice that will be sent by IPC Powerlifting to each NPC following the Entry by Number deadline.

- Following 14 May 2010 there will be no reimbursement for any team members withdrawn.

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Minimum Qualification Standards (MQS)

Seniors

Men's Event	MQS
Up to 48.00 kg	100.00 kg
Up to 52.00 kg	110.00 kg
Up to 56.00 kg	120.00 kg
Up to 60.00 kg	130.00 kg
Up to 67.50 kg	135.00 kg
Up to 75.00 kg	142.50 kg
Up to 82.50 kg	150.00 kg
Up to 90.00 kg	157.50 kg
Up to 100.00 kg	162.50 kg
Over 100.00 kg	167.50 kg
Women's Event	MQS
Up to 40.00 kg	52.50 kg
Up to 44.00 kg	55.00 kg
Up to 48.00 kg	57.50 kg
Up to 52.00 kg	60.00 kg
Up to 56.00 kg	62.50 kg
Up to 60.00 kg	65.00 kg
Up to 67.50 kg	67.50 kg
Up to 75.00 kg	70.00 kg
Up to 82.50 kg	72.50 kg
Over 82.50 kg	75.00 kg

Juniors

Men's Event	MQS
Up to 48.00 kg	95.00 kg
Up to 52.00 kg	105.00 kg
Up to 56.00 kg	115.00 kg
Up to 60.00 kg	125.00 kg
Up to 67.50 kg	130.00 kg
Up to 75.00 kg	137.50 kg
Up to 82.50 kg	145.00 kg
Up to 90.00 kg	152.50 kg
Up to 100.00 kg	157.50 kg
Over 100.00 kg	162.50 kg
Women's Event	MQS
Up to 40.00 kg	47.50 kg
Up to 44.00 kg	50.00 kg
Up to 48.00 kg	52.50 kg
Up to 52.00 kg	55.00 kg
Up to 56.00 kg	57.50 kg
Up to 60.00 kg	60.00 kg
Up to 67.50 kg	62.50 kg
Up to 75.00 kg	65.00 kg
Up to 82.50 kg	67.50 kg
Over 82.50 kg	70.00 kg

We hope the above clarifies the competition regulations to be applied for these Championships and we wish you good luck for your team!

IPC Powerlifting

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